

CROSSCHOP

Official Newsletter of the NORTH BAY POWER AND SAIL SQUADRON

Contents

Blue Green Algae	3
Bridge Officers	4
Calendar of Events	2
Christmas Social	4
Commander's Message	1
Composting Toilets	5
Do You Know?	2
LED Lights Interfere	3
Recipe	2
Video of Canoe Pass	3
Winterize Water system	3

Commander's End of Summer Message

Hello all members of the North Bay Power and Sail Squadron! What a wonderful summer we have had!! Conditions have been ideal for boating, sailing, fishing, tubing, water skiing, and practicing your boating skills!

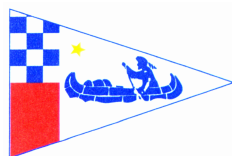
Speaking of boating skills, NBPSS is looking to fill some classes this year. We are scheduling PCOC, Boating Basics, Advanced Boating and Marine Radio (VHF). Our classes this spring were full and we anticipate they will be full again. Please pass along our website, www.nbpss.on.ca and telephone number, 705-980-0455, to all interested parties. Classes will be starting very soon!

In June we held our change of watch ceremony and welcomed a new Bridge for the 2018-2019 year. Our Bridge is very active teaching courses, ordering material, liaising with District, coordinating events, and attending Bridge Meetings. We wouldn't be able to reach these accomplishments without the dedication and efforts of the members and those who volunteer for Bridge positions.

We are currently experiencing a unique situation within our squadron. We have a large membership and very few who serve on the bridge. We have several positions that have been vacant for a year or two and are looking fill them. The past several years has seen the recycling of our bridge members and we are always looking for new ideas, fresh faces and readily invite all members to attend our monthly Bridge meetings. Sometimes we have snacks, homemade or store bought, and we always engage in camaraderie and great conversations afterwards. I'd like to invite you all out to our next Bridge meeting on October 4 at 1930 hrs at the North Bay Yacht Club. We will be having a grand time.

See you all in October!

Christine Brown



NORTH BAY POWER AND SAIL SQUADRON IS
A DIVISION OF THE CANADIAN POWER AND SAIL SQUADRON



OCTOBER 4

Bridge Meeting at 1930 h. All members are welcome to attend. Meetings are short - usually less than an hour - with lots of time to chat.

Oct 16-21

Canadian Power Squadron is hosting the National Meeting in Ottawa. You can meet fellow boaters to celebrate 80 years of CPS. For more info, go to <http://www.canadianyachting.ca/news-and-events/cps-ecp-news/4584-join-us-in-ottawa-october-16-21>

DECEMBER 4

Christmas Party for all members at 19:00 h at the North Bay Yacht Club. Join us for a great speaker, pizza and meet fellow NBPSS members.

JANUARY 17-29

Toronto International Boat Show. You can sign up for their **Captain's Club newsletter**, which gives you access to discounts, advance notices, and special offers. Visit torontoboatshow.com/2019 and sign up at the bottom of the webpage.

How Much Do You Know?

As a new feature in Crosschop, we will be posting questions from Boating Exams. How many do you know?

Answers are on [page 4](#).

1. The expression used to indicate urgency communications is:
 - a) Mayday
 - b) Securite
 - c) Pan Pan
 - d) SOS
2. The maximum power output authorized for a Marine VHF Radio Transmitter
 - a) 10 watts
 - b) 25 watts
 - c) 35 watts
 - d) 50 watts
1. The procedural word "Roger" means:
 - a) You have permission
 - b) Message received and understood
 - c) OK, I will comply
 - d) Yes, I agree with you

Recipe

I know it's unusual to have recipes in Crosschop, but aren't you always looking for some new, easy but good recipes? This is one that I have used on the boat many times and for potlucks.

Philly Tortilla Rollups

1/2 cup (1/2 of 250-g tub) PHILADELPHIA Cream Cheese
2 Tbsp. KRAFT RANCHER'S CHOICE Dressing
1 small carrot, finely chopped
1/3 cup small broccoli florets, finely chopped
4 small whole wheat tortillas

Mix cream cheese spread and dressing in medium bowl until blended. Stir in vegetables. Spread onto tortillas; roll up tightly.

Wrap individually in plastic wrap. Refrigerate 1 hour.

Unwrap roll-ups; trim and discard ends. Cut each roll-up into 6 diagonal slices. Recipe can be easily doubled.

Blue Green Algae

Blue-green algae is once again showing up in lakes in our area and across Ontario. Just a reminder to be cautious when around water with blue green algae. Once it has been spotted, it can disappear, and travel around the lake. So be cautious when boating, cleaning your boat and with your pets in areas that have had blue green algae.

For more info about it, go to the [North Bay Parry Sound District Health Unit website](#) .

Water System Maintenance: Winterizing/layup

For a great step-by-step article to ensure you winterize your water systems well, go to www.canadianyachting.ca to get all the info.

Canoe Pass Video

Enjoy this video of a leisurely trip through Canoe Pass. It may keep you happy as we prepare for our long winter season off the lake.

<https://www.youtube.com/watch?v=RIN-BNrBbyA>

LED Lights and Radio Interference

Marine Safety Alert indicates problem with LED lights

With their low battery draw, cooler operation and sturdy construction, LED lights are popular with recreational boaters. The lights may also be causing poor VHF radio and Automatic Identification System reception, according to a recent Marine Safety Alert from the U.S. Coast Guard. The alert outlines reports received from mariners concerning radio frequency interference caused by LED lamps that "were found to create potential safety hazards." In some cases, the interference may cause problems if mariners need to call for help. The interference can affect VHF voice communications as well as Digital Selective Calling messages, and it may affect AIS because it also uses VHF radio. In particular, masthead LED navigation lights on sailboats may cause problems due to their close proximity to antennas.

The Coast Guard advises testing for the presence of LED interference by using the following procedure:

1. Turn off LED light(s).
2. Tune the VHF radio to a quiet channel (for example, channel 13).
3. Adjust the VHF radio's squelch control until the radio outputs audio noise.
4. Readjust the VHF radio's squelch control until the audio noise is quiet, only slightly above the noise threshold.
5. Turn on the LED light(s).

If the radio now outputs audio noise, the LED lights are causing interference and it's likely that both shipboard VHF marine radio and AIS reception are being degraded by LED lighting. Potential solutions include contacting an electronics repair facility to address the problem, changing the LED bulb to an incandescent bulb or fixture, or increasing the separation between the LED light and antenna.

Source: *USPS Compass*



2018-19 NPSS Bridge

COMMANDER
Christine Brown

EXECUTIVE OFFICER
Vacant

ENVIRONMENT OFFICER
Doug Hay

EDUCATION OFFICER
Vacant

SECRETARY/
NEWSLETTER
Jill Faulkner

SUPPLY OFFICER
Kym Eedy P

TREASURER/YACHT CLUB
LIAISON
Michael Eedy P

MEMBERSHIP OFFICER
Rev. Grant Churcher S

PUBLIC RELATIONS
OFFICER/PAST
COMMANDER
Anne Taylor AP

ELECTRONIC
COMMUNICATION
Terry Lang AP

MAREP
George Graham AP

SQUADRON HISTORIAN
Ivan Gough

ADMINISTRATIVE
OFFICER
Andrew Taylor

AUDIT REVIEW
Sandra Hay



2018 North Bay Power and Sail Squadron

Christmas Social

Thursday, December 6

19:00 h.

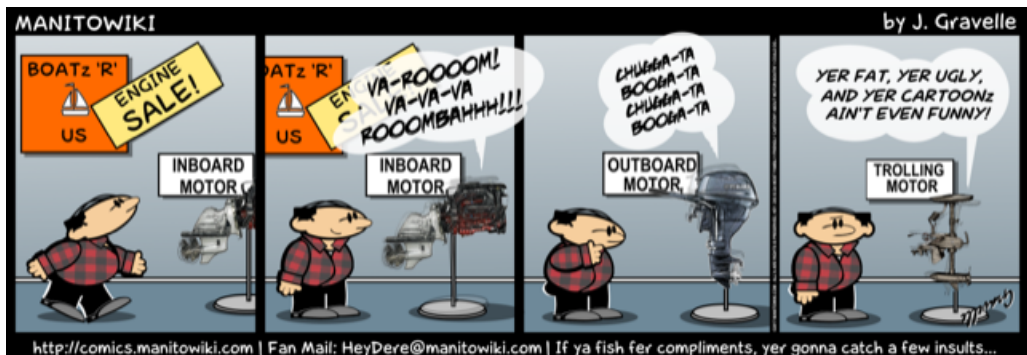
I know it seems early, but it's just over 2 months away! Come out for our annual Christmas Party. We will be having pizza, an interesting speaker and a chance to chat about your boating season with other like-minded people!

Join us at the North Bay Yacht Club on Greenwood Road in Callander, starting at 19:00 h.

Answers to CPS Quiz

The answers are

- 1. (c), 2, (b) and 3. (b)



<http://comics.manitowiki.com> | Fan Mail: HeyDere@manitowiki.com | If ya fish fer compliments, yer gonna catch a few insults...

CROSSCHOP is a quarterly newsletter for members of North Bay Power & Sail Squadron. It is published March, June, September and December.

We believe the information in this publication is accurate and reflects contemporary expert opinion. However, NBPSS assumes no responsibility or liability for the accuracy or sufficiency of this information, nor does it endorse any product, system or method not originating from CPS that is mentioned in this publication.

If you have any stories, photos, or other ideas, please contact the editor, Jill Faulkner at 705-493-7131 or nautical4life@gmail.com.

We are online at nbpss.on.ca

Composting Toilet



To further extend our cruising capabilities, Dan and I have been looking into composting toilets. Just imagine a summer where you don't have to pump out, worry about odour, or find a pump out while enjoying the water.

Of course, there are other issues with a composting toilet, but nothing is perfect.

There are many companies that make composting toilets. However, after much research, Dan has settled on Airhead composting toilets. They make composting toilets specifically for boats and RVs;

therefore, they are small enough to fit into the boat.

Find out more information about them at <https://airheadtoilet.com/>.

After we install and use it for a year, we will give you an update on how it went.

by Jill Faulkner

